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Assessment of Ventricular Function Dr. Alison Duncan MB BS BSc MRCP PhD

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Circumferential fibres



Calculation of LVEF







- Modified biplane Simpson's rule
- Measures EDV and ESV (ml)
- Calculated EF (%) = EDV ESV *100

EDV

3D Assessment of LV function







Nitkin et al Eur J Echo 2006

350

100

LVEF and Outcome



Follow-up (days)

- LVEF >30%
- ---- LVEF ≤30%



Doppler Assessment of LV function

Doppler Assessment of LV function

- 1. Peak dP/dt
- 2. Stroke volume

3. Cardiac output



Calculation of peak dP / dt



Clinical significance of dP/dt

LV systolic function	Time for LV to generate 32mmHg	dP/dt (mmHg/sec)
Normal	<27ms	>1200
Mild-moderate dysfunction	27-40ms	800-1200
Severe dysfunction	>40ms	<800

dp/dt



Mitral Regurgitation / 19



LV filling pre-pacing



LV filling with pacing and optimised AV delay





Total Isovolumic Time





Ejection time 300 ms, total ejection time per minute (0.30*64) = 19.2 s/min Filling time 400 ms, total filling time per minute (0.40*64) = 26.6 s/min

 \times t-IVT = 60 - (19.2 + 26.6) = 14.6 s/min



Total isovolumic time at rest (s/min)

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Assessment of long axis function

Longitudinal fibres







Normal

Normal LV long axis



Normal LV long axis velocity



Relation between long axis and LA & LV filling





Restrictive LV disease





Intermittent LBBB



Xiao et al. Br Heart J 1991;66:443—7

Severe LV long axis asynchrony



Strain and Strain Rate

- Measures of myocardial deformation
- Uses
 - Assessment of resting LV and RV function
 - Myocardial viability during low-dose dobutamine infusion
 - Stress testing for ischaemia
 - Follow up of treatment response
- Limitations
 - Evidence base is limited
 - Technically challenging
 - Clinical availability
 - Susceptible to artefact





What to Measure?



Time to "relaxation"



Peak systolic S and time to peak systolic S



Peak systolic SR and time to peak systolic SR



Peak $E \mbox{ and } A \mbox{ SR}$



Time to onset peak E SR



Peak systolic tissue velocity and time to peak systolic TV



Assessment of regional wall motion abnormalities



17-segment model







Wall motion score analysis

ASE criteria

Schiller et al. J Am Soc Echocardiogr 1989;2:358-367

Wall motion score

- 1 normal (↑ systolic thickness >50%)
- 2 hypokinesis (↑ systolic thickness <40%)
- 3 akinesis (↑ systolic thickness <10%)
- 4 dyskinesis (outward systolic motion + wall thinning)
- 5 aneurysmal (outward systolic systole, wall thinning, diastolic deformation)



Viability During DSE Predicts Survival



- Group | viability + revascularisation Group || viability and no revascularisation
- Group III no viability + revascularisation
- Group IV no viability, no revascularisation

Afridi et al. JACC 1998;32:921-6



M-mode assessment of LV function

M-mode assessment of LV function

Amplitude

Velocities (shortening and lengthening)



Incoordination

Minor axis



Normal values for cardiac chambers

M-mode parameter	Range
LV EDD (cm)	4.0 - 5.6 cm
LV ESD (cm)	2.0 - 4.0 cm
IVS diastole (cm)	0.7 – 1.2 cm
PW diastole (cm)	0.7 – 1.2 cm

DCM





SAM



HCM





I....I....T...I....I.....



CABG for ischaemic DCM



Pre-op

Post-op

Severe MR



MV repair for MR









AVR for AR



Pre-op

Post-op



M-mode mitral echogram for assessing LV function

Normal MV echogram





A2: a ortic valve closing MVO: mitral valve opening IVRT: isovolumic relaxation time (from A2 \rightarrow MVO)

Restrictive filling





Relation between IVRT and LVEDP



Gibson et al. Heart 2003;89:231-238







Assessing LV function: diastolic filling

Examples of different LV filling patterns



Worsening diastolic function



Restrictive filling pattern



- dominant E wave
- deceleration time <120 ms</p>
- short (<70ms) or even zero isovolumic relaxation time</p>
- reduced or absent A wave
- S3 is present, whose onset coincides with peak of the E wave
- acceleration and deceleration of the E wave are both increased



Assessing LV ventricular function: BSE guidelines

Descriptive terms and statements

Ass	essing LV function	
1.	Cavity size	Normal, dilated, small
2.	Wall thickness	Normal, concentric LVH, asymmetric LVH
3.	Ventricular mass	Normal, borderline, increased
4.	Ventricular shape	Normal, aneurysmal, pseudoaneursymal
5.	Global systolic function	Normal, low normal,
		decreased (mild, moderate, severe)

Descriptive terms and statements

Ass	essing LV function	
6.	Regional systolic function	Normal, hyokinetic, akinetic, dyskinetic, scar, asynchronous
7.	Diastolic filling	Normal, abnormal (impaired relaxation, pseudonormal, restrictive),
		elevated LA / end-diastolic pressure
80	LVOT	No obstruction, septal hypertrophy, sub-aortic membrane, SAM
9.	Thrombus	Present / absent
10.	Mass (tumour)	Present / absent

Diagnostic statements

Appearances suggestive of....

- Myocardial infarction
- Hypertrophic cardiomyopathy
- Dilated cardiomyopathy
- Restrictive cardiomyopathy
- Hypertensive heart disease
- Infiltrative heart disease
- LV volume overload
- Other

Measurements and calculations

		Measure	Calculate
~	LV cavity size and systolic function	LVEDD, LVESD, LVEDV, LVESV	FS, EF
2.	LV wall thickness	IVSd, IVSs, PWd, PWs	
3.	LVOT	LVOT diameter	LVOT area
4.	LVOT outflow	Vmax, VTI	SV
5.	LV filling	IVRT, EDT, E, A	E:A ratio



Conclusion

In the assessment of LV function....

LV systolic and diastolic function are important

Forget not that the LV has both a minor axis and a long axis!